## WHAT IS CLAIMED IS:

1	1.	A fastener comprising:
2		a shaft,
3		a head at a first end of the shaft, and
4		a point at the other end of the shaft,
5		a first portion of the shaft adjacent the point being threaded, and extending
6	about one-half the total length of the shaft, and	
7		a second portion of the shaft adjacent the head not being threaded, said
8	second portion having a plurality of spaced rings.	
9		
10	2.	The fastener of claim 1 comprising a knurled portion between said first
11	and second portions.	
12		
13	3.	The fastener of claim 1 wherein said first portion has asymmetrical
14	threads.	
15		
16	4.	The fastener of claim 1 wherein said first portion has threads having three
17	radial lobes.	
18		
19	5.	The fastener of claim 1 comprising three said rings, wherein said rings are
20	unequally spaced with respect to each other.	

6. The fastener of claim 1 wherein said shaft has a total length TL from an inside surface of said head to said point, the fastener comprising three of said rings, a first of said rings being located about .23 TL from said inside surface, a second of said rings being located about .16 TL from said inside surface, and a third of said rings being located about .07 TL from said inside surface.

7. The fastener of claim 1 comprising three said rings, wherein said rings are equally spaced with respect to each other.

8. The fastener of claim 1 wherein said shaft has a total length TL from an inside surface of said head to said point, the fastener comprising three of said rings, a first of said rings being located about .13 TL from said inside surface, a second of said rings being located about .08 TL from said inside surface, and a third of said rings being located about .04 TL from said inside surface.